

**A Substance Abuse Prevention Parenting Program Is
Coming to Holman Elementary School
February 19th at 6:00 PM**



**Join the FREE 15-Minute Child Break Parent
Presentation and spend ONE-HOUR learning how to
talk to your kids about drugs and alcohol.**

The Holman Elementary School will be hosting the Partnership for a Drug-Free New Jersey's (PDFNJ) *15 Minute Child Break* program on February 19th at 6:00 PM.

The *15 Minute Child Break* is a **ONE-HOUR** multi-media presentation offered by the PDFNJ. Information on the importance of the parent or caregiver's role on substance abuse prevention will be discussed; as well as how to talk to children about drugs, signs of use and abuse to look for, current terminology, and trends of use. The presentation is based on New Jersey specific research conducted by the PDFNJ's Center for Prevention Research.

The PDFNJ offers a variety of free programs, services, and materials. For additional information visit www.drugfreenj.org.

